

Easy Entrees ^{And Desserts!}



The World's Best Apple Pie

As we head into fall, what better time to make an apple pie than when apples are in peak season! This really is the best recipe we've tried for apple pie.

Ingredients for the BEST Apple Pie

- 1 pie crust
 - 1 tsp. of cinnamon
 - 1/2 cup of sugar
 - 4-5 tart apples
- For the crumb topping:**
- 1/3 cup of butter or margarine
 - 1/2 cup of sugar
 - 3/4 cup of flour

Preparation

Peel apples and cut into thin slices (approximately 1/4" thick). Place the apples in the pie crust and sprinkle with 1/2" cup of sugar and 1 teaspoon of cinnamon over the top.

For the crumb topping, mix 3/4" cup of flour, 1/2" cup of sugar and 1/3" cup of butter (or margarine). Sprinkle on top of the pie and bake 40 - 50 minutes at 375°F.

Serve and enjoy!

If you're the type that prefers a pie crust from scratch, this makes all the difference in the world!

Ingredients for the BEST Pie Crust

- 1 1/3 cups of flour
- 1/2 tsp. salt
- 1/2 cup of Crisco shortening
- 4 tbsp. cold water

Pie Crust Preparation

Mix flour and salt and cut in pieces of shortening and add the water. When dough is thoroughly mixed, roll flat and place in a greased pie pan.

Harvest Time!

Find each of the following words backwards, forwards, horizontally, vertically or diagonally.

Bonus: Some words may be in more than once!

| | | |
|---------|-----------|----------|
| FALL | ORANGE | ACORN |
| RIPEN | SCARECROW | RAKE |
| FOLIAGE | HALLOWEEN | FOOTBALL |
| PUMPKIN | YELLOW | LEAVES |
| HARVEST | LABOR DAY | AUTUMN |

F O L I A G E S I A U T U M N
R I P E N T S E V R A H N H B
C C O O L E F O O T B A L L L
N M U T U A P T S W L Y C C L
E L L A F L K I O O A C O O L
L I N E P I R R R D W L O N F
E N R O C A C W R E O R R O L
G R E V R E E O L G R O A W L
N A R E R I B L L N C N M K V
A K A A W A P L A A E I L N E
R E C V L O L E F R R K E M P
O S R A K E L Y N O A P A U F
N I K P M U P L E A C M V T A
A N W O R C E R A C S U E U A
L R K L R V W G M H A P S A F



Kids Corner

FIT TURF
Easy. Friendly. Excellent.

Fit & Finished

LANDSCAPE NEWS FOR YOUR HOME EARLY FALL 2010

Hungry for Fall Deep-root Fertilization for Your Trees

It's easy to take your trees for granted and sometimes forget they are a living product in our environment. Often, we are reminded when a problem occurs and expensive treatment or removal is needed.

Proper care of your trees has a tremendous long-term payoff. Beyond increased value to your property and energy savings when shading your home; better color, shape and overall health will save you money in correcting problems and possible replacement in the future.

Trees in residential landscapes have additional challenges. Unlike in nature where decomposing material provides the tree with nutrients, your trees are competing with your turf for the same needs. Add to that, the stress on the root zone with the man-made construction of homes, power lines and patios that can restrict water and growth. All these things can increase the chances for disease and susceptibility to insects and injury to your trees.

Regular evaluations to troubleshoot issues can help reduce the likelihood of major problems. If you prefer not worry about it, Fit Turf's **Fit Tree Program** is available to improve the health of your landscape. Give us a call today for a FREE evaluation and recommendation.



303.221.6900



Time to Prepare for Cooler Weather

Fall Tips for Your Landscape.

Mowing

Even if you're cutting less frequently, make sure you don't cut more than 1/3 of the grass blade when mowing.

Don't scalp your lawn.

For best results, keep your mower blade height at a minimum of 3".

Watering

Don't forget to water! Even though summer is over, your lawn and landscape still need an inch of water per week for best health. And remember, long, deep waterings are best.

If you have an irrigation system, don't blow out the lines just yet. Your lawn knows we still have a couple months left before the end of the growing season.

Planting

This is an excellent time for planting new trees, shrubs and perennials. Getting the roots established now will give them a jump-start in spring.

Clean up

Rake up leaves and debris for composting, or, mulch them until the pieces are the size of a dime or smaller.

Pine needles should be cleaned up. The high acid content can damage your lawn where they fall.

Pruning

Fall is a great time for corrective pruning, especially after the leaves drop. Dead branches and branches that interfere with other branches and obstructions should be removed now before winter storms hit.



Core Aeration Over-Seeding

It's Not Too Late to Get Scheduled for Fall Service!



It's easy to put off. Kids are heading back to school, summer is winding down. It's easy this time of year to take your lawn for granted. After a season of heat, wear and tear, the soil has compacted the dense root structure of your lawn. The water from what summer storms we've received, didn't reach the roots as efficiently as it did in spring. That is why core aeration is so critical this time of year.

Core aeration pulls thousands of plugs from your lawn to loosen the soil and allow water and nutrients to reach the root zone. Your lawn will be better prepared for the last application of the season and for the coming winter ahead. If you still need to schedule this service, we do have a few openings left.

Does your lawn need rejuvenation?

Is your lawn a bit thinner in places than you would like? Early fall is the best time to reseed your lawn, and in conjunction with core aeration is ideal. Just let us know when you schedule your service that you would like to have your lawn **over-seeded** as well, and we'll take care of the rest!

Seeding after Aeration

If your lawn has areas that are thin, seeding after aeration will improve germination. The grass seed applied to your lawn will intermix with the deteriorating plugs and the loosened soil in the holes of the turf. These improved soil conditions will dramatically improve the success of a lush, green fall lawn.

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If you ever have any questions or concerns about your lawn or landscape, give us a call. Our technicians are always available and service calls are always free.